



FIELD UMPIRE COACHING NOTES – HOLDING THE BALL

- 1) A player runs 10 steps before being tackled by an opponent. The tackle pins one arm to the player's body while the other hand holding the footy is free. The player drops the ball in a bid to kick it, but he misses the ball with his foot.
- 2) A player runs 2 steps before being tackled. The player drops the ball and the tackler lands on top of the player's back as both go to ground in the force of the tackle.
- 3) A player runs 20 steps and takes 2 bounces. On the second bounce the player is tackled legally and he loses possession.
- 4) A ruckman takes the ball out of a boundary ruck contest and is immediately tackled legally. The ruckman looks to pass to one team mate but he has two opponents on him. Instead he changes his mind and handballs it long to a distant team mate.
- 5) A player runs 7 steps and evades an opponent. He is run down with a legal tackle as he quickly gets a handball away.
- 6) A backline player is on the bottom of a pack after contesting a high ball. He drags the ball underneath him to avoid the opposition taking possession. He is legally tackled by 2 opponents while he continues to lie on the ball.
- 7) A player runs 16 steps and is legally tackled. The force of the tackle knocks the ball out of the player's hand and it hits his shin on the way down.
- 8) A player runs 6 steps and is tackled below the knees. He goes to ground but quickly gets a handball away to a team mate.
- 9) A player runs 3 steps and is legally tackled. He tries to get a handball away but the tackle pins the ball to his chest.
- 10) A player takes 3 steps and an opponent takes hold of his jumper. The tackler swings the player around 360 degrees before he gets a kick away.